

Fastrack Information

This information package has been put together to answer your questions on the Fastrack Sail training Courses we run at Langkawi Sailing School.

Our Fastrack Courses are designed to teach the skills, and knowledge required to become a safe and competent Yacht Skipper.

There is no need for any pre-course knowledge or experience, however you are investing a large amount of your time and money and we recommend you have at least tried sailing before. Although the Course is hard work, it is also a lot of fun and with the right commitment will be a life changing experience.

You will cover all the detail in the syllabus for the theory and practical courses listed below. You will also build up the experience and miles necessary to give you the confidence and ability to Skipper a yacht at sea. Remember there is no substitute for experience and we never stop learning about the sea.

Bespoke Courses

The course is designed to be flexible. We realize not everyone is in a position to invest the time and money to complete the course in one go. An individual training package can be organized with an action plan to suit you. Contact us for details.

The Fastrack course is split into modules.

The first module consists of formal training taking you through the RYA syllabus to Coastal Skipper Practical level.

Module One (Training Module)

This part of the Fastrack Course takes you through the RYA Cruising Scheme Training Program to Coastal Skipper.

You will complete the following Courses.

RYA Competent Crew Course

<http://www.langkawisailingschool.com/competentcrew.htm>

RYA Day Skipper Shorebased Course

<http://www.langkawisailingschool.com/DaySkippershorebased.htm>

RYA Day Skipper Practical Course

<http://www.langkawisailingschool.com/dayskipperpractical.htm>

RYA Coastal Skipper/Yachtmaster Shore based Course

<http://www.langkawisailingschool.com/coastalskippershorebased.htm>

RYA Coastal Skipper Practical Course

<http://www.langkawisailingschool.com/coastalskipperpractical.htm>

Each of the above courses is a standalone RYA Qualification and comes with a Certificate. They are designed to follow on from each other to give a natural progression within the training scheme.

This Module can be joined at Week Five if you are already an experienced RYA Day Skipper. We advise anyone wishing to complete this Module who is not at this level to start at Week One.

Module Two (Experience and Mile building)

During this Module you will be in command of a yacht and crew under the supervision of an Instructor.

The Crew will be made up of a mixture of experience levels undergoing RYA training Courses and mile building sails.

The final week is the Yachtmaster Prep week and is followed by your Yachtmaster Exam

Time off

Being at sea and participating in the Course can be tiring and it is important to have some time away to rest and consolidate what you have learnt.

Each weeks training starts on Sunday and finishes the following Friday evening. From Friday until Sunday afternoon is time off (unless any extra training courses are organised) Our students usually leave the boat during this time and get a room ashore for the weekend.

Those that need to do the VHF, First Aid and Diesel, One Day Courses will do them during this time.

Food and Accommodation

You will live onboard during the practical training. The yachts are re-supplied with fresh food every Sunday. Food onboard is a very important part of your enjoyment of the Course. We try our best to ensure all tastes are catered for. The yachts are supplied with enough food for breakfast, lunch and 2 evening meals for each 5 day Course. Your Instructor is supplied with a cash float to top up with fresh supplies when required.

We provide bedding and a berth for the whole Course except the two 8 day periods when the classroom training takes place.

During the weekend boat maintenance and re-supply periods, you will need a room and transport and will eat ashore. Rooms ashore are easy to get and good value.

Rooms are available in the Pantai Cenang area of Langkawi, and there is a great variety of restaurants and Cafes to suit all tastes and budgets. Transport is normally motor scooter, car hire or taxi. Our students sometimes get together and car share.

Equipment and Publications

All the specialist equipment you need for the Course is provided onboard. You will need an RYA Log Book G158 and plotters and dividers for the classroom Course. These are provided by the School. Other books and publications are available at our school shop.

<http://www.langkawisailingschool.com/schoolshop.htm>

Payment

The Course needs to be paid for 6 weeks before the start date. To secure a place a 25% deposit is required. The Balance can be paid in installments provided it is completed before the 6 week deadline.

